

Hi, neighbour!

My name is: _____

I live at: _____

Please let me know if you need help during this extraordinary time. Porch drop-offs and phone calls are ways I can help and still follow social distancing recommendations.

I can help in the following ways:

Check all that apply.

- ☐ Pick up groceries
 - ☐ Pick up prescriptions
 - ☐ Check in with you by phone
 - ☐ Other: _____
- _____

My contact information:

Phone: _____

Email: _____

Text message: _____